

MARGARET ZACZEK
M.A., R.P. (CRPO), Cert. OACCPP
CRPO Registration Number: 002250
margaretzaczek@gmail.com
www.margaretzaczek.com

SUMMARY OF QUALIFICATIONS

- Highly competent in provision of clinical counselling (individual, couple, family and groups), including online
- Broad experience in counselling to clients from diverse populations presenting with broad range of difficulties
- Experience working with WSIB, long term disability clients
- Excellent workshop facilitation and presentation skills
- Extensive experience in student and counselling staff supervision
- Training in EMDR, Critical Incident Response, ASIST, Psychological First Aid, online counselling etc.
- Certified member of OAMHP, Registered Psychotherapist in College of Registered Psychotherapists of Ontario
- Strong leadership skills, strategic planning and evaluation abilities
- Proven collaboration and partnership building skills
- Knowledgeable of program accreditation and quality improvement initiatives
- Fluent in English, Polish and Italian

EMPLOYMENT

2015 – Present	Manager (CIT, SCIP)	Vanier Children’s Mental Health
2015 – Present	Psychotherapist	Private Practice and Lifemark
2009 - 2015	Director, Community Counselling Program	Family Service Thames Valley
1993 – 2009	Counsellor/Psychotherapist	Family Service Thames Valley

PRESENTATIONS AND WORKSHOPS

Presented on the following topics:

- Working with Clients Presenting with Trauma
- Coping with Job Loss
- Suicide Risk Assessment
- Vicarious Trauma and Professional Grief
- Working Towards Accessible and Culturally Appropriate Mental Health Services
- Coping with Stress
- Use of Art and Narrative Therapy in working with senior women (war survivors)
- Coping with Postpartum Depression
- Depression and Disability
- Conflict Management Skills
- Grief and Post Traumatic Stress

GROUP FACILITATION

Facilitated groups on the following topics:

- Coping with Depression
- Stress management
- Anger management
- Coping with impact of sexual abuse
- Anxiety Management

EDUCATION/PROFESSIONAL DEVELOPMENT

- Working with First Responders and Military Members / Veterans with PTSD and Moral Injury, June 2020
- CBT Fundamentals, CBT for Depression, CBT for Anxiety – Beck Institute – Certificate of Completion, 2018

- SAN'YAS Indigenous Cultural Safety Training, Certificate of Completion, 2018
- What Works to Manage Compassion Fatigue & Secondary Trauma: Beyond Kale & Pedicure. Workshop with Francoise Matthieu. May 2016
- The ASK – Assessing for Suicide in Kids. Workshop. February 2016
- The Gottman Seven Principles Program: Facilitator/Educator Training. October 2015
- Level 1 Cybercounselling Certificate. Factor-Inwentash Faculty of Social Work, University of Toronto and Worldwide Therapy Online Inc. June 2015
- When All the Time You Have is Now: Narrative Practices in Single Session Therapy & Walk-In Sessions. Workshop. March 2015
- Fundamentals of Couple and Family Therapy Supervision. AAMFT approved course, Guelph, February 2015
- Crucial Conversations – Certificate of Completion. November 2014
- A Recipe for Change Workshop (on organizational change management). November 2014
- Measuring what Matters – Program Evaluation Workshop. Nicole Kovacs, January 2014
- Becoming Safely Embodies: A Mindfulness Skill Based Approach to Working with Trauma and Attachment, Deidre Fay, November 18 & 19, 2013
- Ethics and Boundaries: Challenges of Electronic Media, Gary R. Schoener, October 25, 2013
- Critical Incident Response – best practices in the workplace, Sue Browning, October 21, 2013
- Dancing the Neurobiological Waltz: A Sensorimotor Approach to Treatment. Janina Fisher. November 2012
- New Approaches to Treating Traumatic Memory: Remembering or Reprocessing. Janina Fisher, November 2012
- Grant and Proposal Writing. UWO, November 2012
- Men and Healing: From Conceptualization to Engagement – Male Sexual Victimization. October 2012
- Leadership Challenge Program. London, November 2010.
- Fundamentals of Financial Management for Not-For Profits. Continuing Studies course, UWO. 2010.
- Basic EMDR Training Certificate. 2008.
- Critical Incident Stress Management Training – completed 2007.
- Applied Suicide Intervention Skills Training – completed 2006.
- Certificate in Couple and Family Therapy Studies. University of Guelph. Guelph, Ontario. 2006
- Master of Psychology. University of Wroclaw. Wroclaw, Poland. 1985(degree recognized by the **University of Toronto** as comparable in level to a Master's degree in Psychology from a reputable Canadian University)

COMMUNITY INVOLVEMENT

- London Coordinating Committee to End Woman Abuse. 1998-1999; 2009- 2015
- LUSO Board of Directors - 2009 - 2012
- Canadian Polish Congress, London Branch – present
- London and Middlesex Immigration Partnership – 2009 - 2010
- Polish Canadian Women's Federation, London Branch - present
- Mother Reach - Post-Partum Depression Coalition of London and Middlesex. 2002 – present
- Heartspace Collaborative. 2003.
- Women's Mental Health and Addictions Research Coalition. 2002

PROFESSIONAL AFFILIATIONS

- Registered Psychotherapist, College of Registered Psychotherapists of Ontario.
- Certified Member. The Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists